



# Montrose Resources 2023



Western Slope Coordinated Entry is  
facilitated by Hilltop Family Resource Center in Montrose, Colorado.

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## 211

Don't know who to contact? Call the resource number to call for confidential and multilingual service. <https://www.211colorado.org/>

## Shepherd's Hand

Breakfast 8:00-9:00 Lunch 11:00 -12:30, showers, clothing and laundry. Food Boxes- 9-12:45 Mon and Thu. EMT for medical needs- Mon and Thu at lunch  
505 S 2nd St. Montrose  
(970) 249-4774  
<https://www.shepherdshandmontrose.org/>

## The Abraham Connection

Shelter from October 23 – Mid April for Men, women and families. Intake is 6-7 p.m. Dinner, showers and coin-operated laundry facilities are available.  
480 Silver St, Delta, CO (970) 773-8290  
<https://deltaabrahamconnection.org/>

## Sharing Ministries

Food boxes  
49 N. 1st St. Montrose CO  
9:30AM-12:30PM (970) 240-8385  
<https://sharingministries.com/>

## United Methodist Church

Sunday Dinner 4:30 PM  
19 S Park Ave, Montrose

## Hilltop Family Resources

**Western Slope Coordinated Entry**  
Case Management, Housing Navigation  
8:30AM-4:00PM  
540 S 1st St, Montrose (970) 252-7445  
<https://www.htop.org/>

## Tri Country Health Network

Health resources and care coordination  
<https://tchnetwork.org/>

## Montrose Workforce Center

Jobs, specializing in work placement for individuals with disabilities or criminal history  
504 N. First St. Montrose  
8:00AM-5:00PM (970) 249-4468  
<https://cdle.colorado.gov/wfc>

## CASA

Youth day drop-in up to 25 yrs old, and resources. 8:00AM-5:00PM  
147 N Townsend Ave, Montrose  
(970) 249-0337  
<https://www.casa7jd.org/>

## Peer Kindness

Anti Bullying support and events  
207 S 4th St, Montrose  
Hours: 8-5 (970) 901-7744  
<https://www.peerkindness.net/>

## Association of Montrose Churches

Support and resources (970) 249-4732

## Wagees

ReEntry services and housing for folks exiting incarceration. Montrose- 970-787-4700

## Haven House

A family transitional housing program  
4806 N River Rd, Olathe  
(970) 323-5280  
<https://havenhousehomeless.org/>

## Oxford House

Self-run self-supported recovery houses. Currently 3 homes in Montrose one for women, one for men and one for Men with kids. For more info check out  
<https://www.oxfordhouse.org/> or call  
970-594-6698

**Lighthouse (Montrose's Winter Shelter)**

Pick up and drop off from Shepherd's hand  
5-5:30 pm and 8 am.  
(970) 275-7215 3325 N. Townsend, Montrose  
<http://montrose-lighthouse.org/>

**McKenny Vento Liaisons- School District**

Help for low income or unhoused kids with  
school access and support  
-Delta School District Jim Farmer  
[jim.farmer@deltaschools.com](mailto:jim.farmer@deltaschools.com) 970-874-4438  
-Montrose School District Linda Weyers  
[linda.weyers@mcsd.org](mailto:linda.weyers@mcsd.org) 970-249-7400

**Axis Health System - The Center for Mental  
Health, Montrose**  
605 Miami Rd · (970) 252-3200 8-5:30 PM

**Axis Crisis Walk-in Center**

300 N Cascade Ave · (970) 252-3203  
Open 24 hours  
<https://www.axishealthsystem.org/locations/montrose/>

**Collaborative Trauma Solutions**

Therapy  
(970) 901-5271  
<https://www.collaborativetraumasolutions.com/>

**Integrated Insight Therapy**

(970) 201-1467  
<https://integratedinsighttherapy.com/>

**Denver Recovery Group**

Addiction treatment center in Montrose  
130 N Park Ave, Montrose, CO  
6-2:30 (970) 249-0050  
<https://www.denverrecoverygroup.com/montrose>

**Advocates for Recovery**

A peer support group  
Valentina- 720-924-8272  
<https://advocatesforrecovery.org/>

**Celebrate Recovery**

A Christ centered recovery group Friday night  
at Celebration Church. Randy 970-596-9691  
<https://celebrationmontrose.org/ministries/celebrate-recovery/>

**Uncompahgre Legal Aid**

970-249-7202  
<https://uvlamontrose.org/>

**Colorado Legal Services**

422 White Avenue, Suite 300,  
Grand Junction 81501  
970-243-7940  
<https://www.coloradolegalservices.org/>

**Montrose County Health and Human  
Services**

Cash assistance, Child Care assistance,  
food and medical assistance (Medicaid)  
1845 S Townsend Ave, Montrose  
8:00AM-4:00PM (970) 252-5000  
<https://www.montrosecounty.net/107/>  
Human-Services

**Social Security Administration**

Disability, Retirement  
1805 Pavilion Dr, Montrose  
9:00AM-3:00PM 866-758-1317  
<https://www.ssa.gov/>

**Region 10**

Senior legal, dental and mental health services  
(970) 249-2436 <https://region10.net/>

**Center for Independence**

Disability support 970-765-2016  
245 North Cascade Suite B Montrose

**24hr. Crisis and Domestic Violence line**

Montrose, Delta & Ouray  
(844) 990-5500 (970) 249-2486

**Mental Health: Emergency services**

(970) 252-6220

**River Valley Family Health**

Medical and MAT programs offered  
1010 S Rio Grande Ave, Montrose  
(970) 497-3333  
<https://www.rivervalleyfhc.com>

**PIC Place**

Medical and Dental office- takes Medicaid  
87 Merchant Dr, Montrose  
(970) 252-8896 <https://www.pic.place/>